

HOW TO MAKE ICE CREAM IN A BAG

INGREDIENTS

1/2 cup Cream
1/2 tsp. Vanilla
1 TBSP Sugar
1/3 cup Salt
4 cups Crushed Ice

MATERIALS

(2) quart size ziploc bags
(1) gallon size ziploc bag
Hand towel or paper towels

STEP 1

Mix the cream, vanilla and sugar together in a quart size bag. Seal the bag tightly and make sure there is no air inside.

TIP: Double bag to avoid spills.



STEP 2

Put the bag inside a gallon bag and fill the bag with ice and salt. Seal the bag tightly and wrap in a towel.



STEP 3

Shake the bag for 4-5 minutes.



STEP 4

Remove the quart size bag and throw away the gallon size bag.



STEP 5

Spoon into a bowl and enjoy this delicious dairy treat!
Add fresh berries for added nutrients!



SCIENCE BREAK: CHANGES IN MATTER

What phase of matter did the cream start in?

- a) Liquid
- b) Solid



What phase of matter did the cream end in?

- a) Liquid
- b) Solid

What state of matter is ice cream?

- a) Liquid
- b) Solid



Name 5 ingredients we used to make the ice cream.

Name 1 liquid and 1 solid we used to make the ice cream.



Bonus question

Ice cream is made with cream.
What dairy product is frozen yogurt made with?

