



Boost Your Leadership Skills

Apply to become a State Ambassador
in Spring 2018



We are Fuel Up to Play 60 Student Ambassadors and take health and wellness to new levels, both locally and nationally! Fuel Up to Play 60 helped us become student leaders, and make a difference in our schools and communities.

We have led the way to make it easier for our friends and peers to eat healthy and be active. We know kids like you can make a difference and want you to join our leadership team as Fuel Up to Play 60 Student Ambassadors.

We challenge **YOU** to get started now!

Here's how:

- ✓ Check out our success stories on the flip side of this page.
- ✓ Sign up with your school on FuelUpToPlay60.com.
- ✓ Talk with adults about how to make your school healthier.
- ✓ Huddle up your friends, classmates and teachers to create your plan.
- ✓ Give your plan the "Kick Off" start it deserves. See ideas at FuelUpToPlay60.com
- ✓ Record your activities on your Fuel Up to Play 60 Dashboard to earn points to become a Student Ambassador!



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New England Student Ambassadors: In Action and Making a Difference!

Zaide, CT- Won a Land O' Lakes grant to start a Farm to Table project at her school with local community members. The food grown will be used in the school's cooking classes and donated to the community.



Indiana, MA- Helped incorporate Fuel Up to Play 60 into his school's intramural sports, launched school-based Family Fitness nights, and shared his Fuel Up to Play 60 student experiences at a New England Patriot's Training Camp partner event.

Jade, NH- Planned and led a Fuel Up to Play 60 pep rally at her school to get students excited about the program. She also joined her Fuel Up to Play 60 Program Advisor on a news station's cooking segment to promote school breakfast and the smoothies offered at her school.



Sophia, RI- After seeing classmates starting their day without breakfast, she worked with her Principal, School Nutrition Director and Program Advisor to start a Grab n' Go breakfast program for her school.

Cat, VT- Planned and coordinated a physical activity station during her school's recent Wellness Challenge event. She was an NFL Super Kid Semi-finalist, and received a President's Council on Youth Fitness and Nutrition Award for increasing physical fitness options at her school.



Leadership starts with **YOU!**
Visit FuelUpToPlay60.com to learn more about
the Student Ambassador Program.